CTC-RI Clinical Strategy and Cost Committee

Meeting Minutes

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| Date: Friday, February 19, 2016 | | |  | Start/End Time: 7:30am-9:00am | | |  | | |
| **Location: Thundermist – Warwick Offices (171 Service Ave, Building 2; Warwick)** | | |  | Call in number: 508-856-8222 code: 4574 | | |  | | |
| MEETING INFORMATION: | | |  | **ATTENDEES:** | | | | | |
| Purpose: Identify and test clinical and financial strategies to improve quality and reduce cost | | |  | **Al Kurose**  **Charlotte Crist**  **Chris Hansen**  **David Brumley**  **Deb Hurwitz** | **Gus Manocchia**  **James Enos**  **Karen Smigel**  **Kevin McGreevy**  **Lisa Carr** | **Mary Craig**  **Michael Mobilio**  **Neal Galinko**  **Paco Trilla**  **Pano Yeracaris** | | **Paul Barratt**  **Peter Hollmann**  **Tom Bledsoe** | |
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| Item # | Statement/ Owner/ Time | Comments | | | | | | | Action # |
| 1 | **P. Yeracaris**  **D. Hurwitz**  **(5 minutes)** | **Welcome and Introductions** | | | | | | |  |
| 2 | **G. Manocchia**  **J. Enos**  **(40 minutes)** | **Access Strategies**   * UHC Findings on Access   + UHC has looked into access through member experience surveys. They met the 75th percentile for quality compass on measures of access for Commercial membership. Access for members seems to be stable at the moment. * BCBS Findings on Access   + BCBS is also using member experience data to take a look at access. In addition to these data, they are also tapping into complaint data, which shows about 6% of complaints related to access. The data doesn’t show significant issues with access. However, as BCBS has released new plans, in the last 12-18 months, which focus on a restricted group of PCPs, the data could show something different soon. * NHP noted that access seems to be adequate for their patients. Evening and Saturday hours in an urgent care function seems to help. * The group suggested that we take a look at the trend of the number of PCPs to the Rhode Island Population. It is believed that the Department of Health has these data. There is also a potential issue on the horizon, with the average age of PCPs trending toward retirement. | | | | | | |  |
| 3 | **P Yeracaris**  **(20 minutes)** | **Cost Containment Projects**   * South County Health – Pharmacy Initiative: South County Medical Group has been taking a look at Crestor conversion, through their embedded pharmacists, Kevin McGreevy. They are selling to patients that there is no clinical difference, but with a cost savings. The pharmacist reviews the charts of patients to determine proper candidates for conversion. These candidates are then contacted, by the pharmacists, for consent to change. This information is relayed to the provider and the appropriate change is made. Follow-up is carried out to ensure compliance and lipids recheck. Of the 32 patients deemed appropriate, 19 have changed (other 13 refused), which makes for an approximate annual savings of $45,600.   They are also taking a look at elderly patients with polypharmacy. Their IT department was working on a listing of patients who are 65 and older, taking five or more medications and at least one high risk medication. They identified 109 patients and will be working with patients on the medications, in order to reduce risk, cost, and potentially medications. 109 patients have been identified as potential candidates for this intervention. These patients will be contacted by the care team to meet with the pharmacist.  This was a project where BCBS provided some constructive feedback to the practice, which was taken into account when rolling out. We hope to have further dialogue where possible, when best practices or lessons learned can be spread between practice and plan. | | | | | | |  |
| 4 | **P. Yeracaris**  **D. Hurwitz**  **(20 minutes)** | **03/11 Breakfast of Champions Agenda**   * Al Kurose will present on what groups should consider, with regards to business model, prior to stepping into the ACO world. TUFTS will present on some alternative payment model experience in Massachusetts. BCBS will also present on some ACO experience in Rhode Island. * There will be a presentation on MACRA (a federal initiative that is coming to reality). If there are any questions on MACRA, prior to the event, please send them along to Deb or Pano. One question that was raised was, where can small practices expect to participate in MACRA and in alternative payment models. The group also was looking for some insight on how this is structured, when it comes to downside risk. Deb will send out the slide deck from the presenter. | | | | | | |  |
| 5 | **P. Yeracaris**  **D. Hurwitz**  **(5 minutes)** | **Follow-up/Next Steps** | | | | | | |  |

| ACTION ITEM LOG | | | | | |
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| Date Added | Action Number | Assignee | Action /Status | Due  Date | Date  Closed |
| 01.15.16 | 1 | Plans | Provide data on access for next session | 02/19/16 | 02/19/16 |
| 01.15.16 | 2 | Proj. Mgmt | Work on draft white paper/communication to regulators/legislators and provide update at next session | 02/19/16 |  |
| 01.15.16 | 3 | Proj. Mgmt. | Incorporate administrative burden issue into feedback to OHIC administrative simplification workgroup | 02/19/16 | 02/19/16 |